HARLAM

A URJ CAMP

# PACKING & STORAGE GUIDE

SUMMER 2022

# GETTING STARTED

**Packing for camp can feel overwhelming, especially if it's your camper's first summer. Not to worry - this guide contains everything you'll need to know to pack for an amazing summer at Harlam!**

**In this guide you'll find:**

- **Packing Tips**
- **Packing List**
- **Packing FAQs**
- **Tips from other parents on packing**
- **Details on your camper's storage space in their cabin**
- **Suggestions for organizing your camper's space**

**We hope this guide helps take the stress out of packing and helps you feel more confident and ready for Summer 2022! We can't wait to welcome you home to Harlam.**

**Think Camp!**

**The Camp Harlam Team**

**Living Reference Guide:**

**Hillside: The village where female identifying and non-binary campers live**

**Woodside: The village where our male identifying and non-binary campers live**

**Lodge: 1st Session - female identifying Carmel camper housing**
**2nd Session - *Rishonim* camper housing**

# PACKING TIPS

## LABEL EVERYTHING

And we do mean *everything*! All items that come to camp should have your child's **first and last name** marked clearly. Anything and everything can be misplaced, and this helps us make sure lost items find their way back to their rightful owners. You can use a permanent marker, or order labels. There is an option to purchase labels directly through your CampInTouch account - just log in and click "Camper Clothing Labels."

## LUGGAGE

You can pack in a hard trunk, soft trunk, suitcase, or duffle bag - your choice! In some bunks, your camper may bring portable plastic drawers (more on that later). Unless you pack directly in the plastic drawers, the luggage you pack in will not be used to store your child's items during camp. Your camper will have cubbies that are provided to them to store their clothes, toiletries, and other personal items.

## LEAVE EXPENSIVE ITEMS AT HOME

When packing, please remember that Camp Harlam is not responsible for personal effects that are damaged or lost. Also remember that it's camp! Other than having something nicer for Shabbat (which is still relatively casual), there's no need for anything fancy.

## DON'T OVER-PACK

It's always tempting to send lots of extras, but trust us when we say this list is carefully curated from many years of experience. If you follow the list, your camper will have more than enough stuff, but if you bring more, it may not fit in the storage space we provide and may make it more challenging for your camper to keep their things organized. We do laundry every week, so the number of each item needed does not change with the length of the session. We encourage packing with your child - if they are younger, it helps them to know what they have with them, and if they are older, it allows you to make sure they're following the list.




**TYPICAL BED SETUPS**



# PACKING LIST

## LINENS

- 3 bath towels (to use for showering)
- 4 beach towels (to use for the pool & lake)
- 2 face towels (for hand & face washing)
- 2 wash cloths or a loofah (to use in the shower)
- 2 fitted sheets (twin size)
- 2 flat sheets
- 1-2 pillows
- 2-4 pillow cases
- 1 blanket or comforter (light to medium weight)
- 1 sleeping bag
- 1 laundry bag
- 1 small area rug (bath mat size)
- 1 mattress pad or egg crate

## TOILETRIES

- Comb and/or brush
- Clips, hair bands
- Toothbrush and toothpaste
- Plastic drinking cup
- Soap & soap container or body wash for shower
- Shampoo
- Hair conditioner, gel, etc.
- Deodorant
- Q-tips
- Razor and shaving cream, if needed
- Nail clipper
- Pads and/or tampons, if needed
- Sunblock (lots of it!)
- Insect repellent
- Tissues
- Caddy to store and carry toiletries

## CLOTHING

- 18 pairs of underwear
- Bras, if needed
- 18 pairs of socks
- 16 t-shirts and/or tank tops
- 3 long sleeve shirts
- 2 sweatshirts
- 1 light jacket
- 12 pairs of shorts
- 3 pairs of long pants
- 1 raincoat (must have a hood)
- 7 pairs of pajamas
- 2 nice Shabbat outfits for Friday nights
- 2 white shirts for Shabbat morning
- 6 bathing suits
- Swimming goggles, if needed
- 1 hat (not a visor)
- 1 white t-shirt for tie dye

## SHOES

- 2 pairs of sneakers (for everyday wear, sports, in-camp hikes)
- 1 pair of old sneakers or sport sandals with a back (like Tevas)
- 1 pair of rain boots/waterproof shoes
- 2 pairs of sandals/flip flops (1 for in the bunk, 1 for pool and lake)

## OTHER IMPORTANT ITEMS

- Flashlight & extra batteries
- Backpack (for trip days)
- Pens, pencils, stationery, envelopes, stamps
- Family addresses, pre-addressed envelopes
- 2 sturdy refillable water bottles (item most commonly lost at camp - PLEASE LABEL!)

## THE "INSIDER" PACKING LIST

- Maccabiah (Color War) items
  - 1 red, 1 gold, 1 blue & 1 green t-shirt
  - Red, gold, blue & green face paint, bandanas, beads, etc.
- Dress-up costimes for Rak Dan Israeli Dancing (for rising 6th graders and older), Unit Programs & more!
- Extra white shirt for costume

# PACKING LIST CONTINUED

## OPTIONAL ITEMS

- *Kippah* and/or *Tallit*
- Playing cards, magic cards, etc.
- Battery-operated small fan
- Baseball mitt, tennis racket, shin guards, lacrosse stick, soccer/baseball cleats & other sports equipment
- Inexpensive digital camera or disposable camera
- Musical instrument
- Teddy bears, "blankies," etc.
- Books
- A "dressier" outfit for the final night banquet
- Wristwatch
- Crazy Creek Chair
- Battery-operated alarm clock

## K'FAR NOAR HIKE

*Campers in K'far Noar (rising 9th graders) should also pack the following items for an overnight hike:*

- Athletic pants or leggings
- High socks (preferably not cotton)
- Hat (with a visor)
- 1-liter water bottle
- Outdoor sleeping bag
- Hiking boots or sturdy pair of shoes/sneakers

## LEAVE AT HOME

- Cell phones of any kind
- iPods/MP3 players with screens
- Laptops, iPads, tablets, portable DVD players, e-readers (Kindles, etc.)
- Any device with the ability to connect to the internet (even if you disable WiFi)
- Chewing gum, candy, food & snacks
- Apple Watch & other smart watches
- Clothing with inappropriate language, or that advertise alcohol or drugs
- Shoes or sandals with heels
- Water guns
- Bottled water
- Valuable jewelry
- Walkie-talkies
- Skateboards/Hoverboards
- Expensive digital cameras
- VR glasses
- Clothing that requires special washing
- "Heelys" (shoes with wheels)



**EXTRA STORAGE SPACE**



**BATHROOM STORAGE**

# PACKING FAQs

## What should I pack for Shabbat?

On Friday nights and Saturday mornings, everyone at Camp Harlam wears white. On Friday nights, most people wear nicer white shirts with khakis or jeans, a white shirt with a white skirt, or a white dress. On Saturdays, most people wear white t-shirts or tank tops with shorts. Campers and staff wear sneakers or sandals, sometimes a slightly nicer pair than other days, but no heels.

## What's the deal with plastic drawers/storage containers?

Some campers choose to bring plastic drawers or under-the-bed storage containers to help them stay organized at camp. **Plastic drawer sets should be no higher than 3 feet, and no wider than 2 feet**. This ensures there will be enough room to move safely around the cabin. **Under-the-bed containers should be no taller than 10-12 inches** (beds may differ). The under-the-bed area is a shared space for campers sharing a bunk bed, so please plan for only having access to half of the under-the-bed space. Please see the section on cubby dimensions for details specific to your camper's cabin.

As of 2019, we have all new Hillside cabins. These bunks have adequate storage space and **no standalone plastic drawers are allowed** (plastic drawers/containers may be put in the cubbies themselves, though). As of 2022, there is one new Woodside cabin. This bunk has adequate storage space and **no standalone plastic drawers are allowed** (plastic drawers/containers may be put in the cubbies themselves, though).

## What type of bathing suit does my child need for camp?

Campers need bathing suits that are suitable for being very active in the pool and lake. Campers in Carmel, Sharon and Kineret (entering 3rd-6th grades) should bring at least two athletic suits for instructional swim. We allow two-piece bathing suits for campers, but they should be appropriate for activities, and we discourage packing string bikinis (for more information about our dress code, see page 21 of the Family Handbook.)

## What about electronics?

In keeping with our desire to build a community at Camp Harlam that is focused on healthy engagement with other people and our unique surroundings, Camp Harlam has a screen-free electronics policy. The only electronics campers are permitted to bring to camp are an MP3 player without a touch screen, a CD player, and an inexpensive digital camera. Any other device brought to camp will be collected and stored by our Professional Staff for the duration of the session, including:

- Cell Phones
- iPods/MP3 Players with Touch Screens
- Electronic Handheld Game Devices (Gameboys, PSPs, Nintendo DSs, etc.)
- Laptops, Netbooks, iPads, Tablets, DVD Players, Smart Watches, E-Readers

Additional information about our electronics policy will be shared in a separate communication.

# BEYOND THE PACKING LIST

## TIPS FROM VETERAN PARENTS

**Getting Started**

- **Read the Harlam Essentials emails** (also in your CampInTouch account). Yes, they are long and detailed, but it's well worth the effort to read everything all the way through as they will answer most of your questions, including those about packing.
- **Give yourself plenty of time to pack.** Reviewing the list well in advance of the summer will help ensure you have everything you need, time to ask questions and hopefully, be less stressful. If it's the night before camp and you're scurrying around to get things packed, ignore this tip and rest assured everything will be okay! Your child will have a blast at camp no matter what.
- **Designate a space in your house as a staging area** if you are able to do so. If you're getting things together in advance, it helps to put them all in one area to better keep track of that you have.

**What should I pack? Do I really need X number of that item?**

- **The short answer is, it's a good idea to follow the packing list.** It's been carefully developed by the staff and edited over time. It's a good idea to include all the recommended items, especially for your child's first year.
- **Laundry is sent out once a week and is back within 2 days.** This means campers need enough clothing for 10 days. Some kids go through 3 sets of clothes in a day (wake up, outdoor activities, and then dinner and evening activities).

**What's the deal with the recommended...**

- **Area rug:** Not vital, but some kids like to have it to wipe their feet before getting into bed.
- **Crazy Creek Chair:** Some kids use a soft stadium chair for back support during Shabbat or other activities. Crazy Creek is a name brand, but kids bring other types.
- **Rak Dan:** This is a dance party for rising 6th graders and up. During the dance party, kids dress up in tutus, funky socks, costumes, etc. It's the kind of stuff you find at Party City, and are likely already packing for Maccabiah (Color War).
- **Egg Crate/Mattress Pad:** Some people use one or the other to make the mattress more comfortable, some use both, some use neither.
- **Macccabiah (Color War):** Send items in all four colors (red, blue, green, and gold) as your camper won't know which team they're on ahead of time. Campers bring things like bead necklaces, colored socks, tutus, bandanas, face paint, hair chalk, hair ties, headbands with crazy stuff sticking, out, and so forth. You can find these kinds of items at Party City, Five Below, a dollar store, etc. In addition to the accessories, it's helpful for kids to have one t-shirt in each of the four colors, but not vital. Kids will share items, so don't worry about not having enough. Many of these items are also sold on the Harlam e-store for your convenience.
- **Battery-Operated Fans:** We recommend something like this or this.
- **Medication:** All medication, both prescription and over-the-counter must go through the third-party medication packaging provider. You'll find detailed instructions in the Harlam Essentials email on Health & Wellness.
- **Sleeping Bag:** Yes, you need a sleeping bag in addition to the other bedding. Kids use it on the last night when all of the other bedding is packed up. Plus, some units have an activity that will require it.

# TIPS FROM VETERAN PARENTS CONTINUED

**What storage space is available in the bunk?**

- **All cabins have:** Hanging space, designated space for linens, designated space for toiletries & under-the-bed space. Consider sending an under-the-bed box for infrequently used items like extra batteries, Maccabiah items, extra shoes, etc.
- **Plastic Drawers:** In some cabins, you may bring freestanding sets of plastic drawers, in others, you are only able to put drawers inside your cubby. (More detailed info on the following pages).

**What are some optional items to consider sending that aren't on the packing list?**

- **Clothing:** Hangers, white t-shirts/undershirts labeled for their purpose (tie dye, color run, costume, etc.), black t-shirt/tank top/shorts if your child has any interest in participating in Maccabiah dances (Rikudiah)
- **Linens:** Throw pillow, extra pillows/pillow cases
- **Toiletries:** Nail polish, nail polish remover pads, band aids (available from the camp nurse, but some kids prefer to have them handy), anti-itch cream (also available from the nurse, but helpful to have in the bunk)
- **Packing/Organization:** Bedside organizer (like this), command hooks (for hanging things like backpacks), oversized zip top bags or trash bags for bringing items home, list of all items packed to help kids know what they have and to use as a checklist when packing up to go home, extra name labels
- **Electronics:** Simple MP3 player (without ability to access the internet), cheap digital camera, small power strip for charging necessary items (electric toothbrush, etc.), small screwdriver to open battery compartments (alternatively, remove the screw and attach the battery cover with strong tape)
- **Mail:** A note tucked in pajamas for your camper to find their first night, some families send a letter ahead of time (or drop it in the office on Opening Day) so their camper has mail on the first day of delivery
- **Miscellaneous:** Fourth of July items (red, white, and blue headbands, beaded/light-up necklaces, fun glasses) for first session, sunglasses (several inexpensive pairs - they're prone to getting lost and broken), earrings (inexpensive ones), clipboard or lap desk, journal, clip-on reading light, fidgets, photos of family and friends with fun tak to hang them, "contact card" with email, messenger ID, Roblox ID, etc. Camp also sends around a directory with contact info at the end of each session

**Other things to know:**

- You should not send any money with your child to camp
- Involve your child in packing so that they know what they have. Discuss where they might keep each item
- Kids often share clothing, so know that if your child doesn't have something, they will most likely be able to borrow it
- If your child is missing something vital, camp will notify you and have you send it
- Although we want our campers to be prepared for any situation, being at camp provides an opportunity to develop creativity and resiliency if they don't have the exact thing they need/want
- There is a lending library, so if your camper is a big reader, don't worry about running out of books
- When your child returns from camp, consider washing their clothes right away, and make note of items they didn't use, or things they want to make sure they bring for next year on the packing list for easy reference
- Watch the recording of the 2021 Packing Webinar

**Some websites that sell camp gear:**

- beebeedesigns.com
- everythingsummercamp.com
- campstuff4less.com

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# NEW WOODSIDE CABIN DIMENSIONS: CARMEL 2

**Campers in this cabin cannot bring free-standing plastic drawer sets**; however, containers or baskets can be put in the cubbies themselves. Under-the-bed containers (no taller than 12 inches) are also allowed, but please note that the under-the-bed space will be shared between two campers.

**Each camper will share a cubby with a bunkmate for their belongings.**

**Each camper gets one whole side of the cubby**




**Each side has three 10" tall cubbies & one 8" tall cubby. All cubbies are 17.5" wide and 17.5" deep.**

**In addition to these cubbies, each camper will get an additional cubby in the bathroom for their soap, shampoo, toothpaste, etc. The dimensions are 10 x 10, and 7 inches deep.**

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# WOODSIDE CABIN DIMENSIONS

**All male-identifying and non-binary campers**
**NOT in Carmel 2 bunk**

**Campers in these cabins can bring free-standing plastic drawer sets**; Under-the-bed containers (no taller than 12 inches) are also allowed, but please note that the under-the-bed space will be shared between two campers.
**Each camper has their own cubby for their belongings.**

**Campers have hanging space**



**Each camper gets 4 cubby drawers**

**In addition to these cubbies, each camper will get an additional cubby in the bathroom for their soap, shampoo, toothpaste, etc. The dimensions are 10 x 10, and 7 inches deep.**

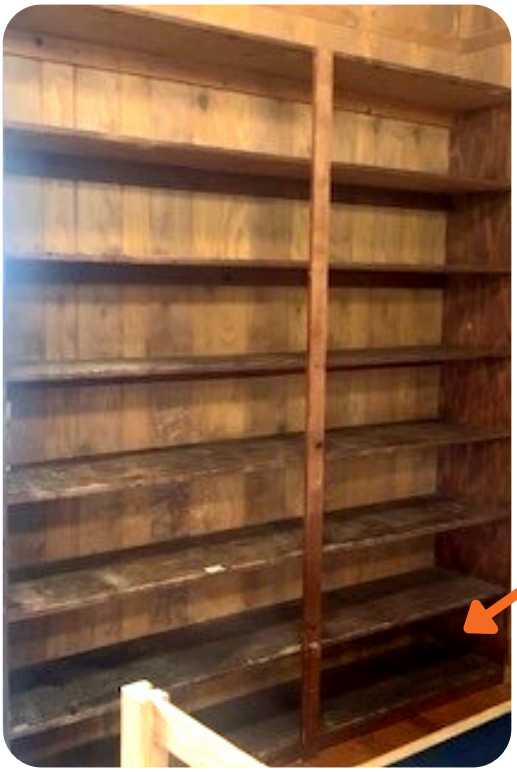
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# THE LODGE DIMENSIONS: CARMEL 3 & 5 (first session) Rishonim (second session)

**Campers in these cabins can bring free-standing plastic drawer sets**; Under-the-bed containers (no taller than 12 inches) are also allowed, but please note that the under-the-bed space will be shared between two campers.

**Each camper gets a cubby unit with 4 shelves**



**Storage shelves in the back of the cabin are shared among campers in the cabin**

**Shared area to hang clothes**



**In addition to these cubbies, each camper will get an additional cubby in the bathroom for their soap, shampoo, toothpaste, etc. The dimensions are 10 x 10, and 7 inches deep.**

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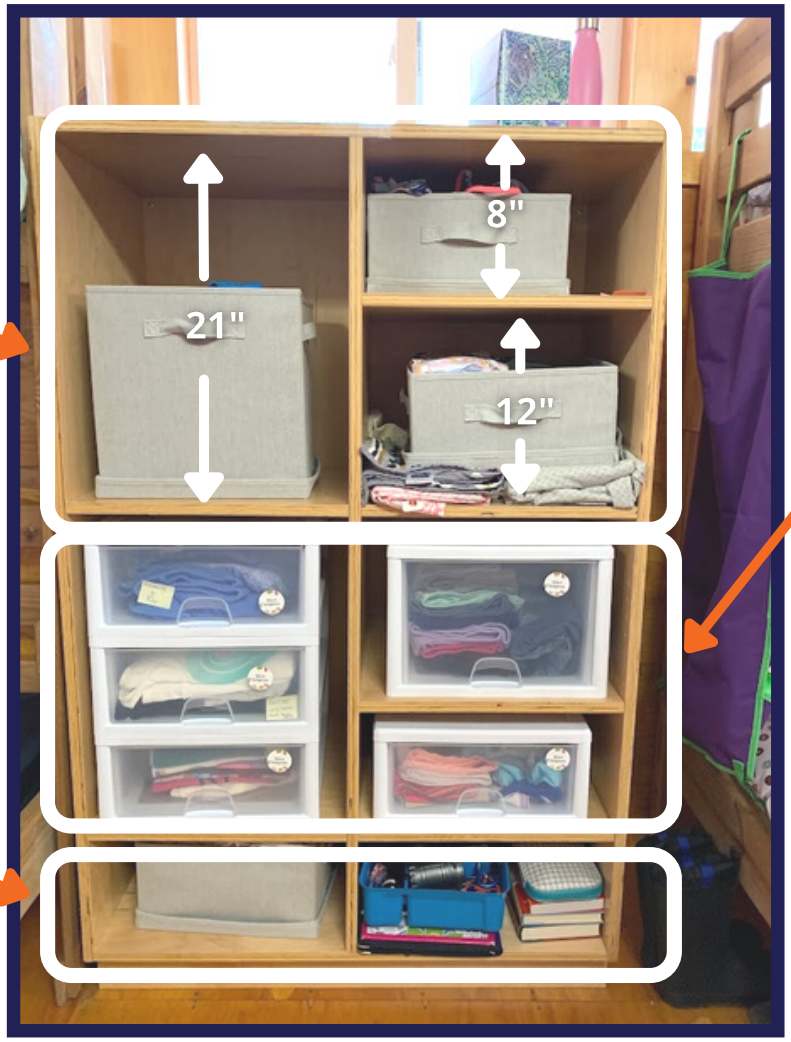
# HILLSIDE CABIN DIMENSIONS

**All female-identifying and non-binary campers not living in the Lodge.**

**Campers in these cabins cannot bring free-standing plastic drawer sets**; however, containers or baskets can be put in the cubbies themselves. Under-the-bed containers (no taller than 12 inches) are also allowed, but please note that the under-the-bed space will be shared between two campers.

**Each camper will share a cubby with a bunkmate for their belongings.**

**One camper gets the top 3 cubbies**




**The other gets the middle 3 cubbies**

**Each camper gets 1 of the bottom 2 cubbies (8" tall)**

**In addition to these cubbies, each camper will get an additional cubby in the bathroom for their soap, shampoo, toothpaste, etc. The dimensions are 10 x 10, and 7 inches deep.**

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# K'FAR NOAR DIMENSIONS

**Campers in these cabins can bring free-standing plastic drawer sets**; Under-the-bed containers (no taller than 12 inches) are also allowed, but please note that the under-the-bed space will be shared between two campers.

**Each camper gets shelf space**





**Shared area to hang clothes**

**In addition to these cubbies, each camper will get an additional cubby in the bathroom for their soap, shampoo, toothpaste, etc. The dimensions are 10 x 10, and 7 inches deep.**